



Don't forget  
to eat your  
vegetables

# Seventh Day Adventist

December

## Lunch

2018

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Black Bean Burger on a Bun

French Fries  
Romaine Lettuce Salad  
Apple Slices

Garden Alfredo Pasta and Garlic Bread

Seasoned Carrots  
Cherry Tomatoes  
Orange

Refried Bean Nachos w/Lettuce, Tomato & Salsa

Spiced Pinto Beans  
Red and Green Peppers  
Banana

Macaroni & Cheese

Hot Mixed Vegetables  
Cucumber Slices  
Diced Peaches

Homemade Cheese Pizza

Steamed Broccoli  
Romaine Lettuce Salad  
Frozen Strawberries

Veggie Hot Dog on a Bun

Potato Wedges  
Celery Sticks w/Ranch  
Diced Peaches

Veggie Breakfast Bake

Hot Broccoli  
Baby Carrots w/Ranch  
Diced Cantaloupe

Black Bean Soft Shell Tacos w/Lettuce, Tomato & Salsa

Hot Black Beans  
Red Peppers  
Diced Pears

Veggie Sausage Sliders

Hot Tater Tots  
Romaine Lettuce  
Orange Juice

Cheesy Italian Flatbread

Hot Green Beans  
Romaine  
Fresh Apples

Black Bean Burger on a Bun

French Fries  
Cauliflower w/Ranch  
Fresh Apple

WG Pasta, Marinara and Mozzarella Cheese Bake

Hot Broccoli  
Romaine Lettuce  
Diced Pears

Cheese Enchilada Bake

Refried Beans  
Baby Carrots w/Ranch  
Fresh Banana

1/2 Day No Lunch  
Bagged Lunch

Veggie and Cheese Sub  
Celery Sticks w/Ranch  
Baked Chips  
Apple Juice

No Lunch

No School

Merry Christmas

No School

No School

No School

New Year's Eve

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

### Prices

### Contacts

### Got Milk?

If you have questions or comments, please call Chef Brian at 414-442-5854.

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast.

