



Don't forget to eat your vegetables!

# Seventh Day Adventist

December

## Breakfast

2018

### MONDAY

3

Great Northern Cinnamon Roll  
Assorted Cereal  
Vegetable Selection  
Chilled Peaches  
Milk

### TUESDAY

4

B'Berry Loaf  
Assorted Cereal  
Vegetable Selection  
Apple Juice  
Milk

### WEDNESDAY

5

Mini Donut  
Assorted Cereal  
Cheese Stick  
Vegetable Selection  
Fresh Orange  
Milk

### THURSDAY

6

Yogurt & Graham Crackers  
Assorted Cereal  
Vegetable Selection  
Orange Juice  
Milk

### FRIDAY

7

Banana Chocolate Loaf  
Assorted Cereal  
Vegetable Selection  
Chilled Apricots  
Milk

10

Whole Grain Muffin  
Assorted Cereal  
Vegetable Selection  
Chilled Pears  
Milk

11

WG Bagel w/Cream Cheese  
Assorted Cereal  
Vegetable Selection  
Orange Juice  
Milk

12

Long John  
Assorted Cereal  
Cheese Stick  
Vegetable Selection  
Mandarin Oranges  
Milk

13

MOD - Cranberries  
Yogurt w/Graham Crackers  
Assorted Cereal  
Dried Cranberries  
Apple Juice  
Milk

14

English Muffin w/Vegetarian Sausage  
Assorted Cereal  
Vegetable Selection  
Fresh Apple  
Milk

17

MOD - Apples  
Mini Donuts w/Yogurt Cup  
Assorted Cereal  
Vegetable Selection  
Applesauce  
Milk

18

WG English Muffin w/Sunbutter  
Assorted Cereal  
Vegetable Selection  
Fresh Orange  
Milk

19

Long John  
Assorted Cereal  
Cheese Stick  
Vegetable Selection  
Chilled Peaches  
Milk

20

Whole Grain Muffin  
Assorted Cereal  
Vegetable Selection  
Apple Juice  
Milk

21

No School

24

No School

25

Merry Christmas

26

No School

27

No School

28

No School

31

New Year's Eve

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

### Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

### Got Milk?

Milk choice of 1% White, Skim or Chocolate  
Skim is included with Breakfast.

